



## THE 8<sup>TH</sup> JAKARTA MEETING ON MEDICAL EDUCATION 2015



# Evaluation on Student Self Reflection As a Means to Develop Student Soft Skill

Hikmah Muktamiroh, Sri Wahyuningsih  
Medical Faculty of UPN "Veteran" Jakarta

## Background

Self reflection was a routine activity which is done by FK UPN "Veteran" Jakarta student. Feedback and follow up effort should be done by educational institution so that self reflection could give contribution to develop student professional behaviour

## Objective

Doing evaluation on student self reflection and giving feedback and follow up on the self reflection, as a means to develop student soft skill (Qualitative)

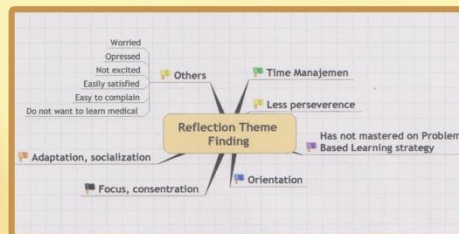
## Methods

Evaluation of 50 students self reflection on 3<sup>rd</sup> semester. Identifying student soft skill which is needed to be developed based on student self reflection, giving feedback, and determining follow up effort identification of student soft skill which is needed to be developed

## Result

Based on student self reflection, student soft skill identification need to be developed. Lecturer feedback help second party to determine follow up effort on student soft skill identification which is needed to be developed.

Theme reflection finding:



## Follow Up - Plan:

Time management workshop: time management finding  
Neuro linguistic Program or similar: Focus, Consenstration finding  
Motivation workshop: Less perseverance, adaptation-socialization finding  
Learning skills Workshop: Has not mastered on PBL strategy finding  
Academic and Psychologist recommendation: Others finding

## Conclusion:

Student self reflection and lecturer feedback make a continuous mutual effort

**Key words:** self reflection, evaluation, feedback, follow up, soft skill

## Reference:

- Aukes L. Personal reflection in Medical education. Graduated School for Health Research. Groningen 2008  
Baernstein A, Fryer-Edwards K. Promoting reflection on professionalism: a comparison trial of educational interventions for medical students. Acad Med. 2003 July; 78(7):742-747. PMID 12857697  
Gordon J. Fostering students' personal and professional development in medicine: a new framework for PPD. Med Educ 2003 Apr; 37 (4): 341-9. PubMed PMID: 12654119  
Handerson E, Berlin A, Freeman G, Fuller J. Twelve tips for promoting significant event analysisi to enhance reflection in undergraduate medical students. Med Teach. 2002 Mar; 24 (2): 121-4. PMID: 12098429.  
Stark P, Robert C, Newble D dan Bax N. Discovering professionalism throught guided reflection. Med Teach. 2006; 28 (1): e25-e31. doi: 10.1080/01421590600568520.

## Contact person:

hikmah.aor@gmail.com  
dr\_sriwahyuningsih@yahoo.com